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**\*\*\*Attention Parents and Caregivers\*\*\***

*If you want to know*…….

What are the differences between normal teenage ups and downs and a mental health concern?

What are the warning signs for depression and suicide?

What are the risk factors that can affect teens?

What are the steps to take if you have a concern about your child’s emotional needs?

*Then join us and Nationwide Children's Hospital* *for a virtual presentation of education and discussion about these topics and more.*

*Please see next page for offerings this school year. We hope to see you at one!*



**\*\* All parents that participate will have the opportunity to be entered into a drawing for a $20 gift card to Kroger! \*\***

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| Wednesday, November 4th, 2020 from 6:00-7:00PM |
| Join Zoom Meeting  <https://zoom.us/j/97235085281?pwd=TURhTjh0MnZFVmNhV1VvN2hJOFE4dz09>  Meeting ID: 972 3508 5281  Passcode: 022348  +13126266799 |
| Wednesday, December 2nd, 2020 from 5:30-6:30PM |
| Join Zoom Meeting  <https://zoom.us/j/98112958034?pwd=ME54WWhHRXRzQ3NGbzdIVkIwWDEzZz09>  Meeting ID: 981 1295 8034  Passcode: 055741  +13126266799 |
| Friday, December 4th, 2020 from 12:00-1:00PM |
| Join Zoom Meeting  <https://zoom.us/j/91084949435?pwd=UmNZT0xHQUtWQ004azFvbWFTM1ZSZz09>  Meeting ID: 910 8494 9435  Passcode: 107575  +13126266799 |
| Monday, January 11th, 2021 from 7:00-8:00PM |
| Join Zoom Meeting  <https://zoom.us/j/96732604885?pwd=NkNSdXRZOFkydWZiS0pnWnUyMFhRdz09>  Meeting ID: 967 3260 4885  Passcode: 897822 +16465588656 |
| Tuesday, February 16th, 2021 from 6:00-7:00PM |
| Join Zoom Meeting  <https://zoom.us/j/91413171177?pwd=eW1neEV5L1ErVHFuYy9jWEwrU2gwUT09>  Meeting ID: 914 1317 1177  Passcode: 430204  +13017158592 |
| Friday, March 5th, 2021 from 12:00-1:00pm |
| Join Zoom Meeting  <https://zoom.us/j/99158901407?pwd=TVk1SjdkVEQrSGpYMFF3STBTK1hzQT09>  Meeting ID: 991 5890 1407  Passcode: 557625  +13126266799 |
| Wednesday, March 17th, 2021 from 7:00-8:00PM |
| Join Zoom Meeting  <https://zoom.us/j/95888104102?pwd=TWllaW4wM1JMU3ZEcDZYcVFnK3o1Zz09>  Meeting ID: 958 8810 4102  Passcode: 209098  +16465588656 |
| Thursday, April 22nd, 2021 from 6:00-7:00PM |
| Join Zoom Meeting  <https://zoom.us/j/94421992551?pwd=eTA5eER0NXpWeEFHcFIxYTE0RzhkQT09>  Meeting ID: 944 2199 2551  Passcode: 608528  +13017158592 |

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